

## Tuscany - Yoga – Namaste Tuscany - 8 Days

### Program

- 1 Arrival
- 2 Cooking and hiking in Chianti
- 3 Florence urban inspirational trekking
- 4 At leisure
- 5 On the footsteps of St. Francis to San Gimignano
- 6 Siena urban trekking
- 7 Abbey of Sant'Antimo and Montalcino
- 8 Departure

### Hotel Certosa di Pontignano 3\*

### The tour includes:

- 7 x nights accommodation with buffet breakfast
- 7 x 3-course dinners
- Peaceful indoor/outdoor spaces for daily yoga and/or meditation sessions
- 1 x bread and pasta cooking course at the hotel
- 1 x HD hiking-licensed tour guide for Chianti hike excursion
- 1 x 3-hour guided walking tour in Florence
- 1 x vin santo and cantucci tasting in Florence city center
- 1 x FD hiking-licensed tour guide for Via Francigena excursion
- 1 x Vernaccia wine tasting at a local farmhouse
- 1 x 2-hour guided walking tour of Siena
- 1 x FD hiking-licensed tour guide for Sant'Antimo and Montalcino excursion
- 1 x Brunello wine tasting with snacks

### Additional services:

Double room for single use supplement from	230 €
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### Dates & Prices:

01-03-2025 - 31-03-2025 - Hotel Certosa di Pontignano 3*	
per person in € based on twin/double occupancy	799 €
per person in € based on twin/double occupancy coach included from	1054 €

