

Apulia - Yoga – Peaceful Apulia - 8 Days

- Hike along the shores of Apulia
- Visit Lecce, Otranto & Alberobello
- Learn how to make pasta

Program

- 1 Arrival
- 2 Alberobello and cooking class
- 3 Matera and the Gravina Gorge
- 4 Castellana Caves
- 5 Lecce and Otranto
- 6 Ostuni and Torre Guaceto
- 7 Gallipoli and Porto Selvaggio
- 8 Departure

The hikes range from 2,5 to 4 hours and are easy to moderate with a maximum vertical height difference of 450 m

Trulli Tipico Resort 3*

The tour includes:

- 7 x nights accommodation with buffet breakfast
- Peaceful indoor/outdoor spaces for daily yoga and/or meditation sessions
- 1 x FD tour guide for cooking class and Alberobello excursion
- 1 x cooking class with the locals, including lunch
- 1 x FD hiking licensed guide for Matera and Gravina Gorge excursion
- 1 x HD tour guide for Castellana Caves excursion
- 1 x entrance fee to the Castellana Caves
- 1 x FD tour guide for Lecce and Otranto excursion
- 1 x FD hiking licensed guide for Ostuni and Torre Guaceto excursion
- 1 x visit to a local oil mill for a tasting of olive oil and other products
- 1 x FD hiking licensed guide for Porto Selvaggio and Gallipoli excursion

Additional services:

Double room for single use supplement 420 €
from € 420,-

Dates & Prices:

01-03-2025 - 31-03-2025 - Trulli Tipico Resort 3*

per person in € based on twin/double occupancy 679 €
per person in € based on twin/double occupancy coach included from 899 €

